

prénom :

date :

Calcul mental chronométré + 1, - 1

1. Ajoute ou enlève 1.

$$\begin{array}{cccc} 5 - 1 = \square & 4 - 1 = \square & 8 - 1 = \square & 1 + 1 = \square \\ 6 + 1 = \square & 7 + 1 = \square & 10 - 1 = \square & 3 + 1 = \square \\ & 9 + 1 = \square & 2 + 1 = \square & \end{array}$$

2. Ajoute ou enlève 1.

$$\begin{array}{cccc} 0 + 1 = \square & 4 + 1 = \square & 2 + 1 = \square & 1 + 1 = \square \\ 3 - 1 = \square & 6 - 1 = \square & 8 - 1 = \square & 5 - 1 = \square \\ & 9 - 1 = \square & 7 + 1 = \square & \end{array}$$

3. Ajoute ou enlève 1.

$$\begin{array}{cccc} 2 + 1 = \square & 0 + 1 = \square & 7 + 1 = \square & 8 - 1 = \square \\ 6 - 1 = \square & 5 + 1 = \square & 4 - 1 = \square & 3 + 1 = \square \\ & 1 + 1 = \square & 9 - 1 = \square & \end{array}$$

4. Ajoute ou enlève 1.

$$\begin{array}{cccc} 5 - 1 = \square & 1 + 1 = \square & 2 - 1 = \square & 3 + 1 = \square \\ 0 + 1 = \square & 8 - 1 = \square & 9 - 1 = \square & 4 + 1 = \square \\ & 6 + 1 = \square & 7 - 1 = \square & \end{array}$$